Pupils have developed their character and personal life skills

Pupils choose to seek healthy, active lifestyles

Pupils understand and succeed when implementing a broad range of skills

Pupils are inspired, physically competent and confident

Beyond KS2

Refine leadershi

Apply tactics in scenarios

Year 6

Explore running as a team

Refine shooting

Introduce matching and mirroring

Understand the components of fitness

Perform with technical control

Apply tactics to win a point

Self Motivation **Respect** **Evaluation**

Consolidate passing and receiving

Create and apply attacking tactics

Create and apply defending tactics

Develop officiating

Organise and mange team formations

Consolidate batting, bowling and fielding

Year 5

Create movements using improvisation

Develop sequences with interlinking moves

Refine racket skills

Introduce counter tension and counter balances

Understand the cardio - vascular system

Integrity **Reflection** **Self Discipline** **Resourcefulness**

Develop fielding tactics

Refine batting, bowling and fielding

Refine attacking and defending skills

Refine dribbling

Introduce leadership

Explore different passes

Refine passing and receiving

Year 4

Explore running for speed

Develop sequences with bridges

Explore contrasting relationships

Creating space to win a point

Introduce backhand and forehand

Introduce bowling and striking the ball

Decision Making **Trust** **Responsibility** **Communication**

Develop passing and receiving

Introduce shooting

Develop collaboration and communication

Develop dribbling creating shooting opportunities

Apply learning into 3v3 games

Explore running for distance

Year 3

Understand the concept of batting and fielding

Apply throwing into a game

Apply learning onto apparatus

Extend sequences with a partner

Introduce symmetry and asymmetry

Cooperation **Resilience** **Encouragement** **Problem Solving**

Develop dance character

Introduce dribbling keeping control

Introduce outwitting an opponent

Introduce passing creating space

Explore effective teamwork

Introduce passing and receiving

Year 2

Respond to a rhythm

Develop linking movements together

Develop keeping possession (hands and feet)

Develop passing and receiving (hands and feet)

Consolidate jumping

Consolidate throwing and catching

Concentration **Empathy** **Self Belief**

Explore dodging

Create contrasting movement sequences

Explore pathways

Create motifs with expression

Understand the transition between attack and defense

Explore strategies

Year 1

Develop throwing and catching

Understand attacking and defending

Create movements with expression

Introduce teamwork and building trust

Develop Jumping

Apply running into a game

Gratitude **Imagination** **Courage**

Introduce ABC's

Create ways of transitioning between movements

Develop moving with a ball using our feet

Combine sending and receiving skills

Combining movements together (wide, narrow, curled)

EYFS

Explore jumping and hopping

Explore pushing, rolling and bouncing

Explore moving with a ball using our feet

Explore throwing and catching

Curiosity **Fairness** **Honesty**

Explore walking in different pathways

Explore moving and making shapes

Explore creating our own movement sequences

Understand taking, turns, keeping the score playing by the rules

Whole School Physical Education Curriculum Learning Journey

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