

**syringe**



# People Who Help Us

**lifeguard**



**medicine**



**patient**



**nurse**

**ambulance**



**doctor**



**police**



**appointment**



**dentist**

**stethoscope**



**paramedic**



**firefighter**



**prescription**



**coastguard helicopter**



**thermometer**



### Topic Words and new vocabulary

<b>emergency</b>	A sudden serious or dangerous situation which needs immediate action to deal with it
<b>rescue</b>	To save someone or something
<b>doctor</b>	Someone who is trained to treat people who are ill or injured
<b>firefighter</b>	Someone who puts out fires, helps at car crashes, chemical spills, flooding and water rescue
<b>police officer</b>	Someone who works in the community to keep people safe and makes sure that people follow the law.
<b>paramedic</b>	Paramedics are the people who come to medical emergencies after somebody calls 999. They are trained to treat people when they get to an emergency but if the person needs more medical attention from doctors then they will take the person to the hospital in the ambulance
<b>RNLI</b>	Royal National Lifeboat Institute. A charity of volunteers who educate, supervise and rescue those at risk from drowning.
<b>uniform</b>	Clothes worn by members of a group
<b>patient</b>	A person under medical care. It can also mean to wait for something without complaining
<b>courage</b>	Courage involves making good choices in the face of fear or obstacles. It's another word for bravery. It means we do not let fear stop us from exploring new opportunities, developing our skills, and doing what is right.
<b>protect</b>	To keep safe from harm
<b>dentist</b>	Dentists help people keep their teeth, gums, and mouth healthy
<b>lungs</b>	These are stretchy balloon like organs in your chest that help you to breathe
<b>heart</b>	Your heart pumps blood around your body
<b>brain</b>	The control centre for your body that sends messages to tell your body what to do
<b>skeleton</b>	All the bones in your body that support, protect and help you to move
<b>skull</b>	A bone in your head that protects your brain.
<b>ribs</b>	Curved bones in your chest that are joined to your spine. Ribs protect your heart and lungs.
<b>spine</b>	A group of small bones in your back known as a backbone. Your spine supports your body.
<b>Pharmacy/ chemist</b>	A place where you can collect medicine
<b>community</b>	A group of people who live or work in the same area. We have a St Mark's School community. We are also a part of the Swanage community.

### Key knowledge Things to talk about

Who are the people that help us in our community?

Who are the people that help us at home?

How can you keep yourself safe at home, at school and whilst out and about?

How do you ask for help?

What skills would you need to be a paramedic?

What would the world be like without police officers?

What is a refuse collector's job and why is it important?

Which job would you like to do when you are older and why?

What skills do you think that you might need to do your chosen job?

Who was Florence Nightgale and what did she do?

Who was Grace Darling and what did she do?

